

# International Surgery

## Study on the effect of chlorogenic acid on prosthetic joint infection biofilm based on eno gene testing --Manuscript Draft--

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| Abstract:                                     | <p>Background: Chlorogenic, a natural polyphenol found abundantly in honeysuckle and eucommia, possesses broad-spectrum antimicrobial properties with complex mechanisms. Its efficacy in combating biofilms formed by pathogenic bacteria during Prosthetic Joint Infection (PJI) warrants further investigation.</p> <p>Purpose: This study aimed to establish an in vitro model of PJI, extract RNA eluate samples treated with specific concentrations of chlorogenic acid, perform eno gene PCR, and assess chlorogenic acid's ability to disrupt biofilms formed by PJI pathogens by analyzing detection rates and efficiency.</p> <p>Methods: Five common PJI pathogens were cultured at 37°C in monoclonal TSB broth. Glass slides were incubated in a shaker at 37°C for 48 hours to simulate biofilm formation. Samples were divided into distilled water control and chlorogenic acid treatment groups. RNA eluates were extracted using ultrasonic disruption and subjected to eno gene PCR testing. Differences in eno gene testing rates and efficiency between the groups were analyzed.</p> <p>Results: In the distilled water control group, eno gene detection rate was 44.4% with 53.8% accuracy. In the chlorogenic acid group, eno gene detection rate increased to 66.6% with 73.3% accuracy. Chlorogenic acid treatment significantly improved detection rates and efficiency. Compared to the control, chlorogenic acid-treated samples consistently showed robust positive results less prone to confusion or interference.</p> <p>Conclusion: Biofilm formation by pathogenic bacteria closely correlates with PJI development, influencing the detection of specific eno genes. Chlorogenic acid effectively disrupts PJI pathogen biofilms, markedly enhancing eno gene detection rates and accuracy. Post-treatment, positive results demonstrate strong and reliable outcomes less susceptible to interference.</p> |

# **Study on the effect of chlorogenic acid on prosthetic joint infection biofilm based on eno gene testing**

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# Study on the effect of chlorogenic acid on prosthetic joint infection biofilm based on eno gene testing

## Abstract

**Background:** Chlorogenic acid, a natural polyphenol found abundantly in plants like honeysuckle and eucommia, possesses broad-spectrum antimicrobial properties with complex mechanisms. Its efficacy in combating biofilms formed by pathogenic bacteria during Prosthetic Joint Infection (PJI) warrants further investigation.

**Purpose:** This study aimed to establish an in vitro model of PJI, extract RNA eluate samples treated with specific concentrations of chlorogenic acid, perform eno gene detection via PCR, and assess chlorogenic acid's ability to disrupt biofilms formed by PJI pathogens by analyzing detection rates and efficiency.

**Methods:** Five common PJI pathogens were cultured at 37° C in monoclonal TSB broth. Glass slides were incubated in a shaker at 37° C for 48 hours to simulate biofilm formation. Samples were divided into distilled water control and chlorogenic acid treatment groups. RNA eluates were extracted using ultrasonic disruption and subjected to eno gene PCR testing. Differences in eno gene detection rates and efficiency between the groups were analyzed.

**Results:** In the distilled water control group, eno gene detection rate was 44.4% with 53.8% accuracy. In the chlorogenic acid group, eno gene detection rate increased to 66.6% with 73.3% accuracy. Chlorogenic acid treatment significantly improved detection rates and efficiency. Compared to the control, chlorogenic acid-treated samples consistently showed robust positive results less prone to confusion or interference.

**Conclusion:** Biofilm formation by pathogenic bacteria closely correlates with PJI development, influencing the detection of specific eno genes. Chlorogenic acid effectively disrupts PJI pathogen biofilms, markedly enhancing eno gene detection rates and accuracy. Post-treatment, positive results demonstrate strong and reliable outcomes less susceptible to interference.

**Keywords:** Prosthetic Joint Infection, eno Gene, Chlorogenic acid, Biofilm

## 1.Introduction

Prosthetic Joint Infection (PJI) represents the most severe complication following total joint replacement surgery<sup>[1,2]</sup>. The occurrence of PJI correlates closely with the formation of biofilms by pathogenic bacteria. These biofilms rapidly create a protective barrier around the bacteria during PJI, shielding them from both the human immune system and antibiotics. This barrier also obstructs the detection of "live" pathogenic bacteria and their specific genes from clinical samples<sup>[3-6]</sup>.

Chlorogenic acid (CGA) is a phenylpropanoid compound synthesized by plants through the shikimate pathway during aerobic respiration. It is widely present in medicinal herbs such as honeysuckle, eucommia, and coffee, as well as various foods<sup>[7]</sup>. CGA demonstrates excellent biocompatibility and safety in humans, showing no significant adverse effects. Recent research suggests that CGA can effectively inhibit and disrupt biofilms formed by pathogenic bacteria through multiple pathways. This property is considered pivotal in CGA's potential therapeutic role in treating Prosthetic Joint Infection (PJI)<sup>[8,9]</sup>. However, further exploration is needed to fully understand the specific mechanisms of CGA action and its effects on biofilms formed by different strains of pathogenic bacteria<sup>[10]</sup>.

The eno gene is a specific genetic marker closely linked to biofilm formation by *Staphylococcus*, the most prevalent and significant pathogen in Prosthetic Joint Infection (PJI). Recent studies have demonstrated that the eno gene exhibits the highest detection rate and efficiency among genes examined for PJI pathogens<sup>[11,12]</sup>. This study aimed to establish an in vitro model of PJI, extract RNA

eluates, and compare eno gene detection results between samples treated with distilled water (control group) and samples treated with chlorogenic acid. The research investigates the role of chlorogenic acid in disrupting biofilms during the treatment of Prosthetic Joint Infection.

## 2. Materials and Methods

### 2.1 Materials

#### 2.1.1 Main Strains and Sources

The bacterial strains used in this experiment include: *Staphylococcus aureus* (ATCC 25923), *Staphylococcus epidermidis* (ATCC 12228), methicillin-resistant *Staphylococcus aureus* (MRSA, ATCC 43300), and *Escherichia coli* strains (ATCC 8739 and ATCC 25922). All strains were sourced from the Key Laboratory of Orthopedic Implant Infection at Shanghai Municipal Hospital.

#### 2.1.2 Main Instruments

The primary instruments used in this study included a Sigma 3-16k centrifuge (USA), uQuant microplate spectrophotometer (USA), MAXIMA ultra pure water system (UK), Densicheck PLUS Merieux turbidimeter (USA), Densicheck PLUS constant temperature shaking incubator (USA), U57085 ultra-low temperature freezer (UK), Bio-RAD pac3000 electrophoresis system (USA), PROFI-LINE constant temperature incubator (Germany), OPTIGEL-12 laminar flow cabinet (France), HM-202 electronic balance (Japan), Christ101042 vacuum freeze dryer (France), U200S-control ultrasonic homogenizer (Germany), KS-120EI ultrasonic cleaner (manufactured by Ningbo Haishu Kesheng), Trypticase Soy Broth (TSB) culture medium (UK), and Trypticase Soy Agar (TSA) plates (UK).

### 2.2 Methods

#### 2.2.1 Bacterial Cultivation

Frozen stocks of *Staphylococcus aureus* (ATCC 25923), *Staphylococcus epidermidis* (ATCC 12228), methicillin-resistant *Staphylococcus aureus* (MRSA, ATCC 43300), *Escherichia coli* (ATCC 8739), and *Escherichia coli* (ATCC 25922) strains were streaked onto blood agar plates using the quadrant streak method. The plates were then statically incubated at 37°C for 24 hours. Single colonies were selected and transferred into 10 mL sterile glass tubes containing 3 mL of Trypticase Soy Broth (TSB). These tubes were placed on a shaker at 130 rpm under aerobic conditions at 37°C for 12 hours. The bacterial cultures underwent two successive passages in fresh TSB medium. After each passage, bacterial suspensions were centrifuged at 8000g\*10min. The pellets were resuspended in fresh TSB to achieve a concentration of  $1.0 \times 10^6$  CFU/ml, adjusted using the McFarland turbidity method.

#### 2.2.2 Experimental Groups

A total of 41 samples were included in the experiment, divided into two batches. The first batch comprised 26 samples treated with distilled water (distilled water control group), consisting of 24 samples with bacterial cultures and 2 sterile control samples. The second batch included 15 samples treated with chlorogenic acid (chlorogenic acid treatment group), all of which were bacterial culture-positive. The bacterial strains used in the experiment encompassed 5 different ATCC codes, all representing common pathogens in Prosthetic Joint Infection (PJI) (Table 1).

#### 2.2.3 Biofilm Formation Assay

The Tissue Culture Plate (TCP) is widely employed for quantitative cultivation and assessment of biofilms. Standard flat-bottomed 96-well culture plates were used. Bacterial suspensions containing the specified samples were inoculated into each well, with a final volume of 200 µl per well. The plates were statically incubated at 37°C for 24 hours. Following removal of the culture

medium, wells were gently washed three times with 0.01 mol/L pH 7.4 PBS buffer to remove free-floating bacteria. Subsequently, the plates were dried in a 60°C oven for 1 hour. Next, 200 µl of 0.1% crystal violet solution was added to each well and incubated at room temperature for 5 minutes for staining. Excess stain was discarded, and wells were washed three times with double-distilled water to remove residual dye. The plates were then dried at 37°C for 2 hours. Each well received 200 µl of 30% acetic acid solution for 10 minutes to dissolve the crystal violet. Absorbance was measured at 492 nm using a microplate reader to quantify biofilm formation, with results reported as  $A_{492}$  values.

#### 2.2.4 Establishment of *in vitro* PJI Model

Frozen bacterial strains including staphylococcus aureus (ATCC 25923), staphylococcus epidermidis (ATCC 12228), MRSA (ATCC 43300), escherichia coli (ATCC 8739), and escherichia coli (ATCC 25922) were streaked onto blood agar plates using quadrant streaking. The plates were statically cultured at 37°C for 24 hours, totaling 39 plates inoculated with five different bacterial strains. Single colonies were selected and inoculated into 10 ml sterile glass tubes containing 3 ml of Tryptic Soy Broth (TSB) for aerobic culture at 37°C for 24 hours. The tubes were then placed on a shaker at 120 rpm under aerobic conditions at 37°C for 48 hours. The bacterial suspensions underwent dynamic cultivation twice in fresh TSB medium. Following centrifugation at 8000g for 10 minutes, the bacterial density was adjusted to 0.5 McFarland using fresh TSB medium. Standard 96-well tissue culture plates were utilized, with each well containing 200 µl of bacterial suspension. After static incubation at 37°C for 24 hours, the culture medium was gently aspirated. Each well was washed three times with 0.01 mol/L PBS buffer (pH 7.4) to remove free-floating bacteria. The plates were then air-dried in a 60°C oven for 1 hour. Subsequently, 200 µl of 0.1% crystal violet solution was added to each well and allowed to stain for 5 minutes at room temperature. After discarding the staining solution, the wells were rinsed three times with distilled water to remove excess stain. The plates were dried at 37°C for 2 hours. Next, 200 µl of 30% acetic acid solution was added to each well and allowed to dissolve the dye for 10 minutes. The absorbance at 492 nm was measured using a microplate reader to obtain the  $A_{492}$  value, representing the biofilm formation. For the distilled water control group, 5 ml of distilled water was added and allowed to stand for 4 hours. For the chlorogenic acid treatment group, 5 ml of chlorogenic acid at a concentration of 128 µg/ml was added and allowed to stand for 4 hours, prepared for subsequent RT-PCR testing.

#### 2.2.5 Fluorescence Quantitative PCR Experiment

The primer sequences for the *eno* gene were synthesized by Shanghai Sangon Biotech. PCR targeted amplification of the gene of interest using reverse-transcribed products from the same reaction system. Prior to conducting fluorescence quantitative PCR (qPCR), DNA extraction and purification were performed. Subsequently, gel electrophoresis was used for imaging, with gel images scanned and stored using a gel imaging system.

### 2.3 Statistical Analysis of Data

RT-PCR images were analyzed from three repeated experiments. Gel electrophoresis images were scanned and analyzed for grayscale intensity using the Bio-Rad ChemiDoc MP gel imaging system. Each sample was tested in triplicate, and experimental results were reported in terms of detection rate, sensitivity, specificity, and accuracy for different genes. Based on experimental design and literature, the diagnostic efficiency of each gene was calculated by comparing PCR results with the intended test outcomes (diagnostic efficiency criteria are detailed in Table 2).

Based on Table 2, the diagnostic outcomes are classified into four categories: true positive (A), false positive (B), true negative (C), and false negative (D), denoted as A, B, C, and D respectively. The detection rate is calculated as  $A/(A+D)$ , which reflects the test's capability to identify positive results. Specificity, or true negative rate, is determined by  $C/(B+C)$ , indicating the test's ability to correctly exclude positive results. Higher specificity correlates with lower potential for misdiagnosis.

Accuracy of the test, defined as  $(A+C)/(A+B+C+D)$ , offers a comprehensive assessment of diagnostic performance.

### 3. Results

#### 3.1 Biofilm Production Capability Assessment of Experimental Bacterial Strains

Using the tissue culture plate method, biofilm growth was quantified by measuring changes in absorbance values with crystal violet. An A492 value above 0.3 indicates sufficient biofilm formation by pathogenic strains in the culture system, confirming the successful establishment of the in vitro PJI model. The assessment revealed average OD492 values of 0.493 (*Staphylococcus aureus* ATCC 25923), 0.489 (*Staphylococcus epidermidis* ATCC 12228), 0.476 (MRSA ATCC 43300), 0.488 (*Escherichia coli* ATCC 8739), and 0.478 (*Escherichia coli* ATCC 25922) in TSB broth samples. These findings demonstrate that all tested strains were capable of forming biofilms in this culture system, validating the successful establishment of the in vitro PJI model.

#### 3.2 PCR Testing Results of *eno* Gene in the Distilled Water Group

The PCR results for *eno* gene in the distilled water group showed that samples A, D, F, H, K, L, N, A+, G+, and H+ tested positive, while the rest tested negative (Figure 1). According to Table 2, which assesses diagnostic efficiency, the distilled water group had 8 true positives and 10 false negatives in *eno* gene detection, yielding a detection rate of 44.4%. Moreover, there were 6 true negatives and 2 false positives, resulting in a specificity of 75%. The calculated accuracy of *eno* gene PCR testing in the distilled water group was 53.8%.

#### 3.3 PCR Testing Results of *eno* Gene in the Chlorogenic Acid Treatment Group

The PCR results for the *eno* gene in the chlorogenic acid treatment group indicated that samples 1, 6, 7, 9, 11, 13, and 15 tested positive, while the remaining samples tested negative (Figure 2). Compared to the varied intensities of positive results in the distilled water control group, all positive results in the chlorogenic acid treatment group exhibited strong positivity. This strong positivity ensures that these results are less susceptible to oversight, confusion, or interference during actual testing. According to Table 2, which assesses diagnostic efficiency, the chlorogenic acid treatment group had 6 true positives and 3 false negatives in *eno* gene detection, resulting in a detection rate of 66.6%. Moreover, there were 5 true negatives and 1 false positive, establishing a specificity of 83%. The calculated accuracy of *eno* gene PCR testing in the chlorogenic acid treatment group was 73.3%.

### 4. Discussion

Biofilm formation plays a critical role in the pathogenesis of Prosthetic Joint Infection (PJI) [3-5]. Pathogenic biofilms act as natural barriers, enhancing resistance against antimicrobial agents and host immune responses, posing a significant challenge in clinical management [13].

Traditional Chinese medicine, renowned for its diverse origins, minimal adverse effects, precise therapeutic efficacy, and reduced likelihood of inducing bacterial resistance, has garnered increasing attention for its potential in combating biofilm-related infections [14,15]. Chlorogenic acid, a phenolic compound synthesized via the shikimate pathway during aerobic respiration in plants, is naturally present in several traditional Chinese medicinal herbs and dietary sources like honeysuckle, eucommia bark, and coffee. It demonstrates notable inhibitory effects against common pathogens associated with PJI, including various *Staphylococcus* species [16,17]. Recent studies have underscored chlorogenic acid's antimicrobial action primarily through pathways that inhibit and disrupt pathogenic biofilms [18,19].

The *eno* gene, encompassing genes crucial for biofilm formation in *Staphylococcus aureus*, *Staphylococcus epidermidis*, and Methicillin-resistant *Staphylococcus aureus* (MRSA), encodes adhesive proteins pivotal for staphylococcal surface attachment [20]. Recent research highlights the *eno* gene's superior efficiency in detecting genes relevant to PJI pathogens [11,12,21], justifying its selection in experimental protocols. The protective role of biofilms shields pathogens, potentially

masking the detection of specific genes in experimental samples. Comparative analysis of *eno* gene detection rates across experimental samples provides initial insights into chlorogenic acid's potential to disrupt pathogenic biofilms.

#### 4.1 Discussion on *eno* gene PCR Testing Results of the Distilled Water Control Group

In the experimental samples of the distilled water control group, one false positive result was detected among the 6 *Escherichia coli* samples. Additionally, within the 18 samples from the three *Staphylococcus* groups, there were 10 instances of false negative results, while the two sterile blank samples both tested negative. Based on these findings, the detection rate of the *eno* gene in the distilled water control group was calculated at 44.4%, with a specificity of 75% and an accuracy of 53.8%.

The *eno* gene is specific to *Staphylococcus* species, and therefore, samples from the *Escherichia coli* group and sterile blank control group should ideally yield negative results. Indeed, the actual testing confirmed this expectation, except for one false positive result in the *Escherichia coli* ATCC 8739 group, where the remaining samples from both groups tested negative.

As a specific marker for *Staphylococcus*, the *eno* gene is found in *Staphylococcus aureus*, *Staphylococcus epidermidis*, and MRSA strains. Consequently, all three *Staphylococcus* groups should theoretically test positive for the gene. However, the observed 10 false negative results among the 18 samples from the *Staphylococcus aureus*, *Staphylococcus epidermidis*, and MRSA groups indicate a lower than expected detection rate for the *eno* gene, alongside varied intensity in positive detection outcomes. Possible reasons for these negative results include false negatives, potentially caused by primer design issues or biofilm presence hindering the detection of the *eno* gene. Alternatively, true negatives may suggest that the *eno* gene might not serve effectively as a diagnostic marker in detecting *Staphylococcus* infections within the tested samples.

#### 4.2 Discussion on *eno* Gene PCR Testing Results of the Chlorogenic Acid Treatment Group

In the experimental samples of the chlorogenic acid treatment group, one false positive result was detected among the 6 *Escherichia coli* samples. Additionally, among the 9 samples from the three *Staphylococcus* groups, there were 3 instances of false negative results, with the negative control (NC) yielding normal results. Based on these findings, the *eno* gene detection rate in the chlorogenic acid treatment group was calculated to be 75%, with a specificity of 83% and an accuracy of 73.3%.

The *eno* gene in the chlorogenic acid treatment group not only demonstrated a high detection rate but also exhibited good specificity in detection. Compared to the distilled water control group, the results showed strong positives that were less susceptible to interference or confusion. Based on the *eno* gene testing outcomes from the chlorogenic acid treatment group, we confidently exclude the possibility of true negatives in the distilled water group and mitigate the potential for false negatives due to primer design issues.

Comparison of *eno* gene testing outcomes between the chlorogenic acid treatment group and the distilled water control group clearly indicates a significant enhancement in the detection rate and efficiency of the *eno* gene in *Staphylococcus*-related PJI. However, it is important to acknowledge that these results may be influenced by various other factors. Furthermore, the prevalence of strong positives observed in the *eno*-positive results of the chlorogenic acid group confirms that chlorogenic acid not only improves gene detection efficiency by inhibiting and disrupting pathogenic biofilms but also enhances detection outcomes with strong positives.

#### 4.3 Conclusion

This study demonstrates that chlorogenic acid enhances the detection rate and efficiency of the *eno* gene by disrupting pathogenic biofilms, resulting in consistently strong positive detection outcomes. In practical clinical applications, employing chlorogenic acid to disrupt pathogenic biofilms, combined with antibiotic therapy, can greatly enhance the treatment efficacy of PJI.

### 5. Limitations

The role of chlorogenic acid in the treatment of PJI is multifaceted. They not only effectively inhibit and disrupt pathogenic biofilms but also exert therapeutic effects by activating the human immune system and modulating inflammatory responses. This study, conducted in vitro, specifically investigates the inhibitory effects of chlorogenic acid on pathogenic biofilms, without exploring the direct response of the human body to chlorogenic acid itself. Moreover, the experimental strains are derived from standard bacterial cultures, potentially differing from clinical strains detected in actual PJI infections due to the complex nature of clinical scenarios.

### Competing of interests

The author declare that they have no conflict of interest.

### Availability of data and material

The data that support this study are available from the corresponding authors upon request.

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### Author's contribution

All the authors have read and approved the final manuscript. The following are the author contributions: Jie Lin contributed to research design and acquisition; drafted the manuscript and revised it critically; all authors read and approved the final manuscript.

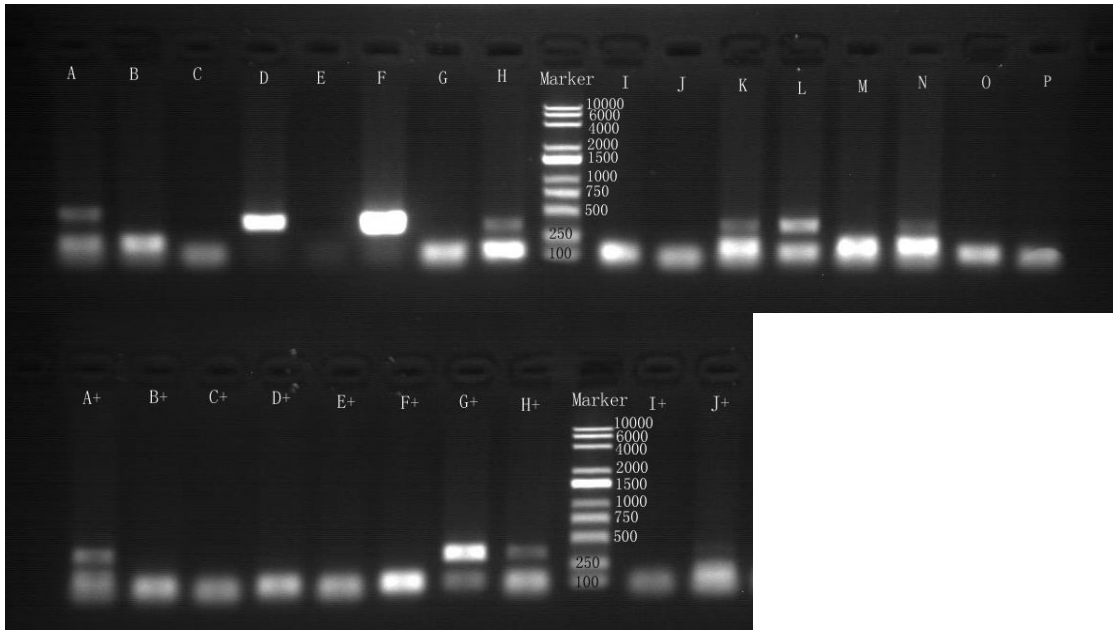
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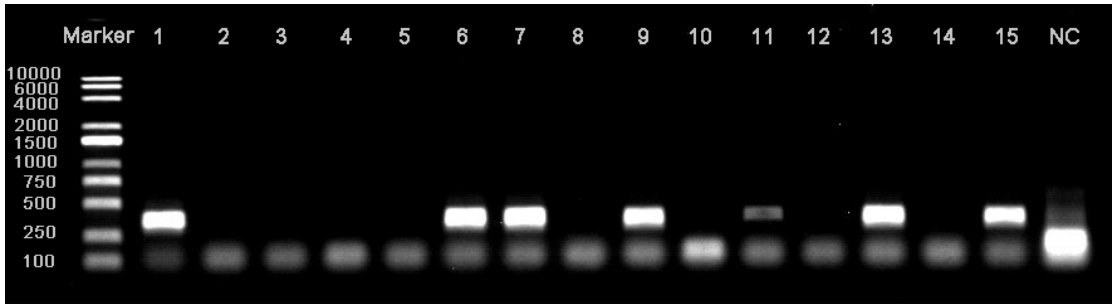


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**Figure 1** PCR Testing Results of eno gene in the Distilled Water Group



**Figure 2** PCR Testing Results of eno gene in the Chlorogenic Acid Group

Table 1 Experimental Groups

| Group name                       | Bacterial strain             | Sample No.        |
|----------------------------------|------------------------------|-------------------|
| Distilled water control group    | ATCC25923 (S. aureus)        | C、F*、H*、B+、C+、H+* |
|                                  | ATCC12228 (S. epidermidis)   | B、D*、L*、E+、F+、J+  |
|                                  | ATCC43300 (MRSA)             | G、I、K*、A+*、D+、G+* |
|                                  | ATCC8739 (Escherichia coli)  | A*、M、N*           |
|                                  | ATCC25922 (Escherichia coli) | J、O、P             |
|                                  | Blank control                | E, I+             |
| Chlorogenic acid treatment group | ATCC25923 (S. aureus)        | 1*、7*、11*         |
|                                  | ATCC12228 (S. epidermidis)   | 5、9*、10           |
|                                  | ATCC43300 (MRSA)             | 6*、13*、14         |
|                                  | ATCC8739 (Escherichia coli)  | 3、4、12            |
|                                  | ATCC25922 (Escherichia coli) | 2、8、15*           |

\*Positive sample

Table 2 Diagnostic Efficiency Determination

|                    | Actual Gene PCR Testing Results | Expected Results as per Experimental Design |
|--------------------|---------------------------------|---------------------------------------------|
| True Positive (A)  | Positive (+)                    | Positive (+)                                |
| False Positive (B) | Positive (+)                    | Negative (-)                                |
| True Negative (C)  | Negative (-)                    | Negative (-)                                |
| False Negative (D) | Negative (-)                    | Positive (+)                                |