

Surgical Interventions for Late Complications of Arteriovenous Fistulas

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Our aim was to determine the most effective surgical treatment for arteriovenous fistula (AVF) complications after all other methods of salvage have failed. We evaluated 110 patients for 139 complications that occurred after the initial AVF placement and for whom surgical intervention was the last hope for retaining fistula access. Vascular steal syndrome and venous hypertension were the most common complications seen in our patients. The anastomoses of 17 of the vascular steal syndrome cases were narrowed either by stitches or by a polytetrafluoroethylene graft. The second most performed revision surgery was excision of the aneurysm and repair with primary suturing, followed by excision of the aneurysm and interposition grafting. Successful surgical outcomes were achieved in 111 of 139 procedures after revision surgery without constructing a new AVF. AVF salvage surgery is of paramount importance in order to increase the patency rate, which prolongs survival and increases the patient's quality of life.

Key words: Arteriovenous fistula – Complications – Hemodialysis – Vascular access

Because survival rates in patients with end-stage renal disease have been rising because of developments in treatment procedures, the importance of sustained vascular access for hemodialysis has increased.¹

Many late complications, such as (1) thrombosis, (2) venous hypertension, (3) aneurysm/pseudoaneurysm formation, (4) hemorrhage, (5) vascular steal

syndrome (VSS), (6) stenosis, and (7) heart failure may occur following arteriovenous fistula (AVF) surgery.^{1,2} These may cause dysfunction of the AVF and limit the efficiency of hemodialysis.

Our aim in this retrospective analysis is to present our experience in the surgical treatment of AVF complications in patients for whom all other conservative treatment methods of salvage have

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failed. These include radiologic interventions, such as covered stent; coil embolization; application of thrombin or percutaneous transluminal angioplasty balloon dilatation; thromboaspiration; and thrombolysis. Our study contributes to the literature because data on successful surgical salvage techniques for AVFs are limited, despite the relative high frequency of documented AVF complications. Our study focuses on surgical solutions, in particular highlighting minor factors that can increase the success of surgical interventions for compromised AVFs. For this study we examined the clinical presentations and surgical techniques for treating these complications and postintervention outcomes.

Patients and Methods

Patient selection and evaluation

This is a retrospective review of all patients who underwent surgical repair for late complications of their AVFs at our center for 10 years, from January 2001 until December 2010. A total of 1558 AVF-related surgeries were performed in our center during the study period. We evaluated 110 patients for 139 complications that occurred after the initial AVF placement. For the patients in the current study group, surgical intervention was the last hope for retaining fistula access, because all other conservative treatment methods of AVF salvage, as notified above, had failed.

Patient demographic data include age, sex, hypertension, diabetes mellitus, coronary artery disease, congestive cardiac failure, smoking, use of anticoagulants, region of fistula insertion, the number of fistulas, fistula-related complications, mode of presentation, and surgical technique used for restorative surgery. Furthermore, all of the outcomes were collected from our center's medical records.

The study was approved by the Baskent University Institutional Review Board (project no. KA13/27) and by the Baskent University Research Fund.

All patients seen at our center for AVF-related complications are first evaluated by the general surgery department, where the preoperative assessment described below is carried out. After this initial assessment, all patients, with the exception of those admitted in critical condition, are referred to the interventional radiology department. The patients selected as cases were subjected to initial procedures in which various endovascular methods were applied; however, there appeared such complications as aneurysm thrombosis, and shortness of

Table 1 Criteria of AVF complications are considered for surgical revision

- | |
|--|
| a. Exposed graft with overlying skin erosion |
| b. Signs of local infection (erythematic, purulent discharge, or a draining sinus tract) |
| c. Aneurysm formation |
| 1. Pain in the area overlying |
| 2. Rapidly expanding aneurysm (>2 cm/6 months) |
| 3. Thrombosis of the aneurysm |
| d. Ulceration and bleeding |
| e. Loss of adequate cannulation segment |
| f. Central stenosis |

the potential cannulation due to partial aneurysm thrombosis.

Once the patients are treated through endovascular methods, as a final option the patients return to the general surgery department. As a result, we aimed to perform certain kinds of operations, such as narrowing by nonabsorbable sutures or small-caliber interposition grafts, excision of the aneurysm and repair with primary suturing, narrowing the outflow vein with a tight polytetrafluoroethylene cuff, ligation of the patent distal vein branch, graft interposition, basilic vein transposition, thrombectomy, and hemostasis (repair with primary suturing or autogenous veins grafts), which would reach efficient outcomes because there would be no need to create new fistulas. Criteria of AVF complications considered for surgical revision are described in Table 1. Some of these complications are shown in Fig. 1.

Preoperative assessment

The preoperative clinical evaluation includes a color duplex Doppler ultrasound (CDDUS). If there is a suggestion of central stenosis, a fistulogram is performed for further evaluation. This preoperative protocol was carried out on all patients in our study group.

Postoperative follow-up

As is routine in our center for these surgical interventions, heparin (50–100 U/kg body weight) was administered intravenously, and a heparin infusion was continued for 24 hours after the revision surgery. When patients were discharged from the hospital, a low dose of aspirin or dipyridamole was prescribed to be used at home.

Patients were examined for the first time 1 month after discharge, and after this initial follow-up patients were examined within 6 and 12 months.

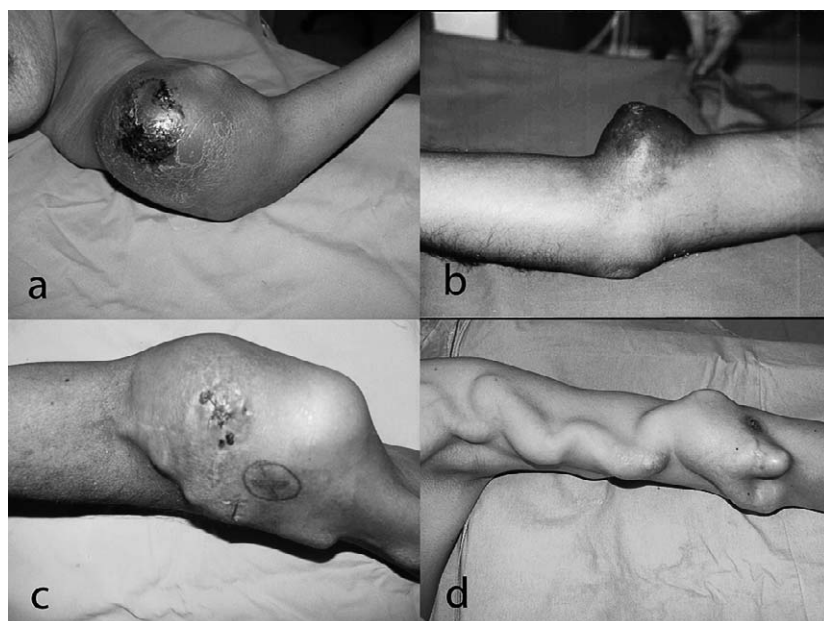


Fig. 1 (a and b) Photograph of an infected pseudoaneurysm. (c) Giant brachial artery aneurysm in the left arm. (d) Dilation of the cephalic vein with a brachial artery aneurysm in the left upper arm.

The final follow-up was performed 24 months after the patients were discharged. The patients were examined by the surgery department with CDDUS scans. The corrected AVFs were assessed for functionality, and patency rates were noted.

The postintervention patency status was assessed according to the standards of the Society of Vascular Surgery and the Society of Interventional Radiology. In the follow-up period, a failing AVF was defined as a patent access that was functioning poorly because of hemodynamically significant stenosis (>50%) as documented by CDDUS.³ A patent AVF with normal blood flow may be inefficient for hemodialysis because of other problems, such as outflow vein or in-graft aneurysms without stenosis showing a risk for rupture, infection, or steal syndrome. In these cases, this was also considered as a failing or nonfunctional AVF.³

Statistical methods

Statistical analyses were performed using Statistical Package for the Social Sciences software (version 16.0, SSPS Inc, Chicago, Illinois). Chi-square analysis was used to assess categoric variables. Mann-Whitney *U* test was used to analyze continuous variables. Categoric variables were expressed as absolute values and percentages. The Kaplan-Meier analysis was used to evaluate patency rates. $P < 0.05$ was considered statistically significant.

Results

During the study period 110 patients were treated for complications. The demographics and systemic concomitant diseases are detailed in Table 2. The mean duration of renal failure was 49.3 ± 40.6 months (range, 1–180 months). A total of 92 (66.2%) of the AVFs with complications had their index surgical procedures performed at other surgical facilities. The mean number of previously performed AVFs per patient was 2.1 ± 1.2 (range, 1–7). Most of the complications were detected in AVFs with native vessels and in brachiocephalic fistulas (Table 3).

Table 2 Patients' characteristics and demographics

Variable	Value
Age, y, mean $\pm$ SD (range)	48.5 $\pm$ 17.4 (13–78)
>50 y, n (%)	81 (58.3)
Female sex, n (%)	58 (52.7)
Hypertension, n (%)	67 (48.2)
Diabetes mellitus, n (%)	51 (36.7)
Coronary artery disease, n (%)	7 (5)
Congestive cardiac failure, n (%)	3 (2.1)
Smoking, n (%)	52 (47.2)
Anticoagulant use, n (%) ^a	46 (41.8)

^aPatients who have their initial access at our center are routinely treated with anticoagulants; however, the number is low in our series because of the large number of patients who had their initial access in other centers.

Table 3 Type of vascular access and the number of accesses before the corrective surgery

Variable	Patients, n (%)	No. of procedures (%) ^a
Type of vascular access		
Brachial-cephalic fistula (antecubital)	62 (56.4)	80 (57.6)
Brachial-basilic fistula (antecubital)	12 (10.9)	12 (8.6)
Radial-cephalic fistula (Brescia-Cimino)	20 (18.2)	27 (19.4)
Radial-cephalic fistula (snuff-box)	8 (7.3)	12 (8.6)
Upper arm loop PTFE graft	4 (3.6)	4 (2.9)
Upper arm straight PTFE graft	1 (0.9)	1 (0.7)
Lower limb loop PTFE graft	3 (2.7)	3 (2.2)
No. of previously performed AVFs		
1	44 (40)	54 (39.4)
2	35 (32)	46 (33.6)
>2	31 (28)	39 (27)
Native AVF	102 (92.7)	131 (94.3)
Prosthetic AVF	8 (7.3)	8 (5.7)
Total	110	139

PTFE, polytetrafluoroethylene.

^aSome patients had more than one procedure.

The complications in AVFs performed in the proximal elbow region were more common (Table 4). The surgical procedures performed for each complication type are summarized in Table 4. Although our general strategy was to salvage the AVF, conditions such as life-threatening bleeding, severe ischemia, infection, or ulcerations required the closure of the access (Fig. 1a and 1b).

Severe bleeding and failure of the revised AVF were the most common complications encountered

after salvage surgery (Table 5). A total of 80% of the original AVFs were functional after the revision surgery; in the rest, a new AVF was created during the same session.

The mean follow-up was 16 months, with a range of 1 to 69 months. Postintervention primary patencies for all revised AVFs were 80%, 72%, 56%, and 38% at 1, 6, 12, and 24 months, respectively. Demographic characteristics, synthetic graft use, comorbid systemic diseases, complications after

Table 4 Distribution of complication types due to AVF locations and surgeries performed on AVF complications

Type of complications (n)	Site of AVF, n (%)			Surgical procedure (n)
	Proximal (elbow)	Distal (wrist)	Lower limb	
Vascular steal syndrome (35) ^a	26 (74.3)	9 (25.7)	0 (0)	Narrowing by nonabsorbable sutures or small-caliber interposition grafts (17) Ligation of the fistula (11)
Venous hypertension (35)	21 (60)	14 (40)	0 (0)	Narrowing the outflow vein with a tight PTFE cuff (7) Ligation of the patent distal vein branch (31) Ligation of the fistula (4)
Aneurysm/pseudoaneurysm formation (31)	22 (71)	7 (22.6)	2 (6.4)	Excision of the aneurysm and repair with primary suturing (14) Interposition grafting (12) Ligation of the fistula (5)
Bleeding (13)	12 (92.3)	1 (7.7)	0 (0)	Hemostasis (repair with primary suturing or autogenous vein grafts) (8) Ligation of the fistula (5)
Dysfunction of AVF (12)	12 (100)	0 (0)	0 (0)	Basilic vein transposition (12)
Thrombosis (11)	7 (64)	3 (27)	1 (9)	Thrombectomy (11) Ligation of the fistula (3)
High-output cardiac failure (2)	2 (100)	0 (0)	0 (0)	Narrowing the outflow vein with a PTFE graft (2)
Total (%)	102 (73.4)	34 (24.5)	3 (2.1)	139 (100%)

PTFE, polytetrafluoroethylene.

^aThirteen of these cases underwent emergency surgery because of severe ischemia.

Table 5 Additional complications encountered after management of the initial complication

Complication	Procedure, n (%)	Management
Failure of the revised AVF	28 (20.1)	Creation of new AVF
Severe bleeding	7 (5)	Stenting, coil embolization, or primary suturing
Stenosis	5 (3.6)	Central venous angioplasty or stenting
Thrombus	3 (2.1)	TPA treatment
Graft rupture	1 (0.7)	Repair with autogenous grafts
Surgical site infection	1 (0.7)	Percutaneous drainage and systemic antibiotic treatment
Total	45 (32.2)	

TPA, tissue plasminogen activator.

surgery, and the complication period had no effects on fistula patency ($P > 0.05$).

Discussion

Because of insufficient numbers of kidney donors and difficulties in achieving optimal hygienic conditions for peritoneal dialysis, performing AVFs for periodic hemodialysis has become the first choice of patients with chronic renal failure, performed on more than 65% of patients in 2008 in the United States.^{4,5} The importance of vascular access for hemodialysis has increased because of the increasing number of patients surviving longer with chronic renal failure.⁶ Although the use of prosthetic grafts and the application of central venous catheters are effective, the first choice for vascular access surgeons is the radiocephalic wrist fistula because of its practical use and low complication rates compared with other vascular access methods.⁷⁻⁹

Several systemic and/or local complications can occur at various stages after performing AVFs.¹⁰⁻¹³ The prevalence of these complications has been reported as ranging from 11.4% to 64% in different studies.¹⁴⁻¹⁶ In this study we have included only the patients for whom surgical interventions were absolutely necessary; however, many of these complications can generally be treated by radiologic intervention. If the 92 patients whose initial access was performed in other centers were excluded, then the long-term complication rate of the AVFs performed in our center was only 3.3%, which is comparably lower than those in the other published studies. Some measures have been found to decrease AVF-related complications in patients who have end-stage renal disease in our center. These measures include preferring vessels from distal to proximal when evaluating the location for AVFs in the upper extremity, using native vessels, if possible, providing experienced health care professionals in

the hemodialysis units, and education of patients, respectively.

Difficulties in vascular access are one of the most important causes of morbidity and mortality in patients who have chronic renal failure.¹⁰ The risk factors for increased AVF-related complications have been found to include female sex, being of African descent, having diabetes or cardiovascular diseases, having a smoking habit, and being older than 50 years.^{10,17} However, in our patient population well-established proatherogenic factors did not influence the risk of AVF complications. Furthermore, we found that sex distribution was not a major factor (Table 2). As in the study by Salahi *et al*,¹⁰ we found that complication rates increased with age.

VSS was one of the two most encountered AVF complications in our study. It is likely that the steal syndrome will disappear after the access is abandoned, yet creation of a new AV access on another extremity is burdened with a high amount risk of recurring peripheral ischemia. Thus, correction of the steal syndrome is to aim at the double goal of preserving the access while improving peripheral arterial circulation. The incidence of "late" VSS is reported to mainly be connected to the location of the AVF. For instance, VSS is reported rarely in AVFs located in the wrist (0.25%), whereas it is more commonly reported in wide brachiocephalic AVFs (10%–20%).^{12,13} We had similar results in our study with regard to location as a critical factor; moreover, we observed that the onset of VSS was found to occur more readily in fistulas with large anastomoses and high flows. In the current study, the percentage of VSSs was 25.1%, all of which occurred in upper extremities. Severe ischemia with nerve damage due to VSS is an emergency and its reported prevalence was 3.9%.^{18,19} In our group, emergency surgery due to severe ischemia was necessary in 13 cases (11.8%). The outflow resistance of these AVFs was increased by various methods to direct the blood flow to the distal artery (Table 4).

The other most common complication was venous hypertension. It usually results from central vein stenosis and/or thrombosis secondary to previous catheterization or valvular incompetence in the AVF outflow vein.²⁰ Another significant cause is unimpeded flow to the distal venous part of the extremity, which is caused by non-ligation of the distal venous part of the anastomosis. In our center effective treatment was achieved by ligation of the distended vein, which was located in the distal part of the AVF in 31 of the 35 patients (88.6%) who had severe edema in their upper extremities. We observed that all of these patients' first AVFs had been performed in other centers by the side-to-side technique without the distal venous part ligated. Beigi *et al*²¹ reported that ligation of the distal vein when using the side-to-side technique prevented venous hypertension. In the remaining 4 patients whose index operations were performed by us, additional collateral veins appeared in time, even though the distal vein of the anastomosis was ligated.

Aneurysm/pseudoaneurysm formation is one of the main late-term complications after AVF formation, occurring in from 2% to 10% of patients.¹⁰ In our series the complication ratio in the general population with fistulas was 1.98%, whereas the patient ratio in the complication group was 22.3%. These complications can result in significant life-threatening events, such as rupture, bleeding, or access dysfunction and thrombosis (Fig. 1c and 1d). Traditionally, surgical repair of these aneurysms involves either ligation or resection; however, in this study the surgical aim was to salvage the access.^{22–25} In a large study including 44 aneurysms involving both AVF and grafts, Georgiadis *et al*²² reported that the mean primary patency after salvage at 24 months is 32%. Our salvage rate for this type of complication was 83.9% (26 of 31). We used excision of the aneurysm and repair with primary suturing ($n = 14$) and interposition grafting ($n = 12$); the long-lasting patency of these 26 salvaged AVFs (44% at 24 months) has encouraged us to continue using these type of interventions rather than ligation.

Bleeding and/or rupture of the AVF from needle access after hemodialysis can be a serious complication that may be lethal if immediate intervention is not initiated. Of all complications requiring surgery, the rate of this complication has been reported as between 1.2% and 4.6%^{10,12,16} In our group it was observed in 13 patients (9.3%) and hemostasis was achieved by using primary sutures or autogenous vein grafts in 8 patients (Table 4).

AVFs had to be closed in the remaining 5 patients through ligation.

A dysfunctional AVF can occur when the blood flow is misdirected. Although cephalic vein outflow was targeted, in some patients the flow was directed to the basilic vein, which resulted in inadequate hemodialysis, even though the AVF was technically functioning. In order to use these AVFs, basilic vein transposition was performed on these patients. Hemodialysis was successful in all patients on whom vein transposition was performed; however, in the case of a nonfunctioning cephalic vein, direct brachio-basilic AVFs may be advisable. In their prospective clinical studies Karakayali *et al*²⁶ recommend that brachio-basilic AVFs and transposition at the same session should have low morbidity, high maturation, and high patency rates, so they should be used as a first-choice solution in situations such as the absence of the cephalic vein.

Thrombosis as a late complication may significantly decrease the patency rate of AVFs. In patients with thromboses, surgical revision generally results in only 25% to 50% patency.¹⁵ In our series the secondary patency was 70% after thrombectomy during the early postoperative period.

The quality of the initial access as well as the use of the AVF is significant in determining the severity and rate of complications. As is the case with most diseases, prevention is better than treatment. To limit complications, our surgical protocol for initial AVF placement is to use preoperative ultrasonographic mapping or venography to choose appropriate vessels (diameter >2 mm) located in the distal arm for AVF creation.²⁷ The surgeons ensure that the anastomotic diameter is not greater than 5 mm and distal vein is ligated in order to prevent venous hypertension and high output. This surgical approach combined with trained hemodialysis personnel using the access results in fewer complications, as the data collected from our study showed [our complication rate was 3.3% (47 of 1419) compared with 11.4% to 64% from other studies], and allows the initial AVF to function longer.

Most of the patients included in our study had already undergone surgical operations at different centers, and they were categorized as the patients with severe complications because they had no options in terms of endovascular intervention. Therefore, in this study we have included only the patients on whom endovascular intervention was not an option and surgical interventions were necessary. The retrospective descriptive nature of this study is the main limitation. Because our center

is a reference center and patients' chronic renal failure duration is longer, such reference rates seem to be higher than the average. Although a good number of patients and procedures were analyzed in the pool, it is hard to isolate a direct causative effect for the occurrence of AVF complications. In addition, the number of patients seems to be sufficient, because they had no record; the patients who had already undergone endovascular intervention were not included in the study. Moreover, because a successful radiologic intervention was performed on them, they did not need surgery; therefore, we did not include them in the current study.

Even with the appropriate selection of vessel and anatomic site, where normal anatomy changes permanently, as it does in all AVF surgeries, complications are inevitable. Under these conditions every effort should be made to salvage the functioning AVF in order to save virgin vessels for future use. To this end, patients with these complications may be referred to a top-rated tertiary center in the hope that the original AVF has the highest possible chance of being salvaged.

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